



**Bachelor of Science (B.S.) in Health Sciences – Degree Completion Emphasis  
McHenry County College– AAS Health and Fitness Education<sup>1</sup>**

The Bachelor of Science in Health Sciences program is designed to prepare the student to enter allied health and other health related fields. The health sciences program focuses on providing the student with a strong foundation through general education and health science-based curriculum with a focus on health care leadership skills, financial principles, management strategies, and standards to improve patient care.

The degree completion emphasis is off-campus/online and is designed uniquely for health and human sciences professionals. Applicants must be practicing health or human sciences professionals who hold a current professional credential, certificate, or license in a health or human sciences field and have completed an applied associates degree program or equivalent number of credits. The professional credential, certificate or license must be in the field in which the degree was earned.

<b>AAS Health &amp; Fitness Education:</b> MCC program requirements and applicability toward NIU general education and/or major requirements for the B.S. in Health Sciences	<b>MCC required course</b>	<b>NIU Articulation</b>	<b>NIU Requirement satisfied</b>
	ENG 151 (3)	ENGL 103 – Rhetoric and Composition I	GE Foundational Studies
	PHI 251 (3) or PHI 151 (3)	PHIL 231 – Contemporary Moral Issues or PHIL 101 – Introduction to Philosophy	GE Creativity & Critical Analysis
	Math, Physical or Life Sciences (4) Select either BIO 110 or BIO 157	BIOS 109 – Human Biology or BIOS 104 – General Biology	GE Nature & Technology
	Social & Behavioral Sciences (3), Select from ANT 151, ANT 170, SOC 151 or SOC 251	ANTH 120, ANTH 220, SOCI 170, or SOCI 270	GE Society & Culture
	SPE 151(3)	COMS 100 – Oral Communication	GE Foundational Studies
<b>Health &amp; Fitness Education Core</b>			
HFE 150 (3) or HFE 255 (3) Select HFE 150	PHHE 206 – Health Concepts	GE Society & Culture Major (sub for PHHE 295)	
HFE 250 (3)	General Elective	Credits toward 120	
HFE 251 (3)	PHHE 304 – Drug Use & Abuse	Credits toward 120	
All other HFE (21)	Electives or KNPE	Credits toward 120	
PSY 151 (3)	PSYC 102	GE Society & Culture & Major	
<b>Health-Fitness Option – Select Fitness Instruction Option (and specific courses below)</b>			
PSY 250 (3)	HDFS 280 – Human Development	GE Society & Culture & Major	
Choose remaining credits from MCC degree requirements (11)	Select courses that transfer to NIU per Articulation Handbook	Credits toward 120	

(63 credit hours)<sup>2</sup>

<sup>1</sup> Articulation Plan based on course work required for the AAS Health & Fitness Education at McHenry County College and the B.S. in Health Sciences – Degree Completion emphasis in the 2018-2019 catalog and on the current NIU Articulation Handbook: <http://www.niu.edu/admissions/pdf/articulation-tables/mchenry.pdf>. Curricular changes will necessitate an update in the articulation plan.

<sup>2</sup> Only 66 of these academic credits and up to 4 physical education activity credits are applicable to the 12 hours required for NIU.

<b>Additional MCC courses to meet NIU general education and/or major requirements:</b> can be completed concurrently while taking NIU courses  (12 credit hours) <sup>2</sup>	ENG 152 (3)	ENGL 203 – Rhetoric and Composition II	GE Foundational Studies & Major
	Humanities (3) – select from ENG 252-256, 260, 261, 270, 271, 275-277; SPE 155, JRN 165, 180; ART 150, 151, 155, 157, 165, 171, 172, 174, 175; MUS 101, 151, 153, 154, 171, 172; PHI 151, 155, 160, 261, 262; or THE 151	Select course to meet NIU Creativity and Critical Analysis Requirement <sup>1</sup>	GE Creativity & Critical Analysis
	MAT 120 (3)	STAT 208 – Statistics	GE Foundational Studies & Major
	Science (3)	Select IAI Science courses <sup>1</sup>	GE Nature and Technology
<b>Proficiency Credits</b> <i>NOTE: AAS HFE graduates who take all courses exactly as listed above will have 75 credits of MCC course work of which only 66 academic and 4 physical education activity credits are applicable to 120 hours required for NIU degree. UHHS 200 and/or 300 proficiency credits will be awarded to offset this loss of hours. For MCC students with a different combination of classes, proficiency credits will be determined at time of admission to the B.S. in Health Sciences, degree completion emphasis</i>  ( 9 credits)	AAS HFE graduates meeting the B.S. in Health Sciences – degree completion emphasis Admission requirements at noted below	UHHS 300 (9) – Experiences in HHS I	Hours toward 120 credits required for degree
<b>Major courses to be taken through NIU</b> <i>All online</i>  (31 credit hours)	<b>NIU Course Number</b>	<b>NIU Course Title</b>	
	GERO 365 (3)	Overview of Gerontology	
	HSCI 310 (3)	Introduction to HHS	
	HSCI 318 (3)	Medical Terminology	
	HSCI 350 (3)	Critical Thinking for HHS Professions	
	HSCI 410 (3)	Legal & Ethical Issues	
	HSCI 430 (3)	Working with Diverse Populations in HHS	
	HSCI 450 (3)	Administration for Professionals in HHS	
	HSCI 455 (3)	Resource Allocation in HHS	
	HSCI 460 (3)	Introduction to Research in HHS	
	HSCI 490 (1)	Capstone in Health Sciences	
REHB 200 (3)	Disability in Society		
<b>Electives for 120 hours required for graduation:</b>  (14 credits)	Electives to meet minimum required hours at NIU can be selected by student. May be taken at MCC or NIU. Student must consult with NIU advisor prior to selecting electives. <i>Note: could be fewer if transfer credits include physical education activity credits.</i>		

### **Admission to the Baccalaureate Completion Program**

- Admission to NIU as a regular degree seeking student – refer to Office of Admissions for application deadlines for regular university admission: <http://www.niu.edu/apply/index.shtml>
- Completed AAS in Health and Fitness Education, current national certification from the American College of Sports Medicine (ACSM), the National Strength and Conditioning Association (NSCA), the National Academic of Sports Medicine (NASM) or other national governing bodies.
- Submit application for the B.S. in Health Sciences – degree completion emphasis, including written professional goals statement and copies of appropriate professional credentials, certificates, or license

For further information:

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### **Academic Advising**

All NIU students must meet university graduation and general education (GE) requirements. Degree completion students work with the NIU advisor to identify GE deficiencies and monitor progress toward completion of these and other university graduation requirements (i.e. 120 total credit hours with at least 30 hours from NIU.)

Approved 2/27/17 by Elaine Whalen & Laurie Cubit, MCC and Sandi Splansky, CHHS NIU  
Updated 6/18/18 ah