



Bachelor of Science in Health Sciences Degree Completion Emphasis:

Transfer Guide for McHenry Community College AAS Health Sciences and Fitness Education¹

The Bachelor of Science in Health Sciences program is designed to prepare the student to enter allied health and other health related fields. The health sciences program focuses on providing the student with a strong foundation through general education and health science-based curriculum with a focus on health care leadership skills, financial principles, management strategies, and standards to improve patient care.

The degree completion emphasis is off-campus/online and is designed uniquely for health and human sciences professionals. Applicants must be practicing health or human sciences professionals who hold a current professional credential, certificate, or license in a health or human sciences field and have completed an applied associates degree program or equivalent number of credits. The professional credential, certificate or license must be in the field in which the degree was earned.

| AAS Health & Fitness Education: MCC program requirements and applicability toward NIU general education and/or major requirements for the B.S. in Health Sciences | MCC required course | NIU Articulation | NIU Requirement satisfied |
|--|---|--|----------------------------------|
| (63-64 academic credit hours) | ENG 151 (3) | ENGL 103 – Rhetoric and Composition I | GE Foundational Studies |
| | Math, Physical or Life Sciences Select: BIOS 138 (3) or BIOS 157 (4) | Nature & Technology GE or BIOS 104 – General Biology | GE Nature & Technology |
| | Social & Behavioral Sciences (6): ANT 151 or ANT 170 and SOC 151 or SOC 251 | ANTH 120, ANTH 220, SOCI 170, or SOCI 270 | GE Society & Culture |
| | SPE 151(3) | COMS 100 – Oral Communication | GE Foundational Studies |
| | BUS 162 (3) | Entrepreneurship Business Planning | NC – see proficiency |
| | HFE 150 (3) | PHHE 206 – Health Concepts | Major (sub for PHHE 295) |
| | HFE 105 or HFE 106 (1); HFE 120 (1), and HFE 121 (1), | KNPE physical activity elective | Credits toward 120 |
| | All other HFE (39) | Electives or KNPE | Credits toward 120 |

¹ Articulation Plan based on course work required for the AAS Fire Science at MCC and the B.S. in Health Sciences– Degree Completion emphasis in the 2020-2021 catalog and on the current NIU Articulation Handbook: https://www.niu.edu/admissions/_pdf/articulation-tables/mchenry.pdf. Curricular changes will necessitate an update in the articulation plan.



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| | PSY 151 (3) | PSYC 102(3) | GE Society & Culture & Major |
| Additional MCC courses to meet NIU general education and/or major requirements: can be completed concurrently while taking NIU courses (18 credit hours) | ENG 152 (3) | ENGL 203 – Rhetoric and Composition II | GE Foundational Studies & Major |
| | IAI Humanities (6) ² | Creativity and Critical Analysis GE | GE Creativity & Critical Analysis |
| | MAT 120 (3) | STAT 208 – Statistics | GE Foundational Studies & Major |
| | PSY 250 (3) | HDFS 280 – Human Development | GE Society & Culture & Major |
| | IAI Science (3) ² | Nature and Technology GE | GE Nature and Technology |
| Proficiency Credits <i>NOTE: The exact number of proficiency credits will be determined at time of admission to the B.S. in Health Sciences, degree completion emphasis</i> (15 credits) | AAS HFE graduates meeting the B.S. in Health Sciences – degree completion emphasis Admission requirements at noted below. | UHHS 300 (9) – Experiences in HHS I | Hours toward 120 credits required for degree |
| Major courses to be taken through NIU All online (31 credit hours) | NIU Course Number | NIU Course Title | |
| | GERO 365 (3) | Overview of Gerontology | |
| | HSCI 310 (3) | Introduction to HHS | |
| | HSCI 318 (3) | Medical Terminology | |
| | HSCI 350 (3) | Critical Thinking for HHS Professions | |
| | HSCI 410 (3) | Legal & Ethical Issues | |
| | HSCI 430 (3) | Working with Diverse Populations in HHS | |
| | HSCI 450 (3) | Administration for Professionals in HHS | |
| | HSCI 455 (3) | Resource Allocation in HHS | |
| | HSCI 460 (3) | Introduction to Research in HHS | |
| HSCI 490 (1) | Capstone in Health Sciences | | |
| REHB 200 (3) | Disability in Society | | |
| NIU Electives to meet NIU “transfer credit limit” (5 credits) | Electives to meet minimum university level credits required for graduation. Student must consult with NIU advisor prior to selecting electives. <i>Note: could be fewer. The exact number will be determined at the time of admission to the degree completion program.</i> | | |

² See MCC Course Catalog for options and select with an MCC academic advisor



NORTHERN ILLINOIS UNIVERSITY

College of Health and Human Sciences

Admission to the Baccalaureate Completion Program

- Admission to NIU as a regular degree seeking student – refer to Office of Admissions for application deadlines for regular university admission: <http://www.niu.edu/apply/index.shtml>
- Completed AAS in Health and Fitness Education, current national certification from the American College of Sports Medicine (ACSM), the National Strength and Conditioning Association (NSCA), the National Academic of Sports Medicine (NASM) or other national governing bodies.
- Submit online application for the B.S. in Health Sciences – degree completion emphasis (after admission to NIU), The degree completion application includes submitting a written professional goals statement and copies of appropriate professional credentials, certificates, or license

For further information:

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