I believe that there is an underlying congruency that exists between the provision of therapy and supervision. The same interpersonal skills are utilized both in therapy and supervision. The relationship between the supervisor and supervisee is the key element.

My philosophy of supervision is defined as being systemic and relational in nature. At the core of my theoretical orientation is a solid structural component. It has helped to define the hierarchy, roles, and rules that exist within the subsystem of supervisor and supervisee. In addition, I have been strongly influenced by experiential family therapy and as part of the further relational and systemic perspective there is a strong collaborative and strength-based partnership model that exists.

A balanced style in supervision requires that the supervisors and therapists examine a variety of contextual variables that give meaning to those being supervised and to their clients. The significance of our experiences and expectations are shaped in part by who we are. Often it is typical for differing contextual factors to be represented. The challenge for a supervisor is to be able to model an appreciation of individual differences. Sharing the contextual influences by both supervisors and supervisees promotes contextual sensitivity in both supervisors and supervisees.

I have particular interest in exploring the dual roles that exist in supervision. I have done some research and completed an independent study in the interface of clinical and administrative supervision. I am continuing that work, and now am also exploring the dual roles in a university setting with implications for teaching and supervising students, as well as managing and administration of the family center.